

CONTENTS

	Page
Introduction	3
I. The call to discipleship	7
Study: 1. The four calls of Jesus	9
2. The marks of a disciple	13
Project 1 Discipleship Evaluation Test	15
3. Changed into His likeness	17
II. The decisions of discipleship	19
4. Who am I following?	21
5. Know yourself	23
6. Am I on the right track?	25
Project 2 Your spiritual journey	27
III. The demands of discipleship	29
7. First love for Christ	31
8. Denial of self	33
9. Counting the cost	35
Project 3 Responding to Jesus' love	37
10. Three who failed	39
IV. Growing in discipleship	41
The Holy Spirit	
11. Alive and growing	43
12. Dormant or active?	45
13. The struggle within	47
14. He's everything you need	49
The Bible	
15. The Bible - your spiritual food	51
16. The Bible - its fourfold purpose	53
17. Hold God's Word strongly	55
Project 4 Time alone with God	57
Prayer	
18. Prayer - your spiritual breath	59
19. Why pray anyway?	61
20. The Master's example	63
21. Are your prayers upside-down?	65
22. Worship - your highest priority	67
23. Learning to listen	69
24. How does God speak?	71
Project 5 Keeping a prayer journal	73
25. Hearing God's voice - some important guidelines	75
'Quiet Time'	
26. Time alone with God	77
27. Balanced growth	79

Fellowship	
28. Fellowship - to keep you warm	81
29. Why fellowship?	83
30. Making fellowship strong	85
Project 6 Deepening fellowship	87
Christian service	
31. Christian service - your spiritual work	89
32. You've got what it takes!	91
33. How to discover your spiritual gift	93
34. Finding your place in the Body	95
Project 7 Serving others	97
Witness	
35. Reach out to others	99
36. Go into your world	101
Project 8 Reaching people for Jesus	103
V. The dangers of discipleship	105
37. Spiritual warfare	107
38. Truth and integrity	109
39. Put on the armour	111
40. Ready for battle	113
41. Self-confidence	115
42. Don't leave your back uncovered!	117
Project 9 Dealing with the past	119
43. Unhealed wounds	121
44. Failure	123
45. False comparisons	125
VI. Living under Christ's Lordship	127
46. Jesus is Lord anyway!	129
47. Christ's Lordship over my life	131
48. The first hindrance - unconfessed sin	133
49. The second hindrance - my own will	135
50. The third hindrance - the will of others	137
51. Jesus, Lord of my personal life	139
52. Jesus, Lord of my money	141
Project 10 Faithful stewardship	143
53. Jesus, Lord of my single years	145
54. Jesus, Lord of my family life	147
55. Jesus, Lord of my daily work	149
VII. Living the Spirit-filled life	151
56. Prepared but powerless	153
57. Be filled with the Spirit	155
58. How to be filled with the Holy Spirit	157
59. The marks of the Spirit-filled life	159
60. Live by the Spirit	161
Memory verses	165